

# From the Middle

May 30, 2008

## Quote of the Week:

"The way I see it, if you want the rainbow, you gotta put up with the rain." -Dolly Parton

## Announcements:

*Your presence is requested  
at the performance of  
an original play*

### **"Our Town:**

### **The Chelsea History Project"**

Researched and written, and performed  
by:

**Chelsea Middle School**

Performances will be held at  
Town Hall

on

**Monday, June 9<sup>th</sup>**

at

**9:00 AM & 7:00 PM**

Please join us!

To sign up for the Chelsea Summer Shakespeare Camp, "Take thee to the Funnery", see Cher Laston for forms and information. Scholarships available.



## The Process & Product

by. Hunter Trombley

For the last few weeks, we have been writing a play in English and Drama classes. When I started this article, we only had two weeks to finish writing, practicing, and performing the play. Now we have a finished script, but only a week to practice! I feel like we have a long way to go, but we have gotten a lot done at the same time. I just want to get this play over and done with. The writing process is difficult because we are doing it as a group. Some kids say it is stressful, but that good script writing takes a long time. One of the students, Anthony is glad that we are taking time and care in the writing because that means this is going to be a good play. We are all proud of this play because we created it. We hope you enjoy the performances on June 9th as much as we have enjoyed the process, but without the stress. Be prepared to learn a lot about Chelsea and Vermont history, and don't leave your sense of humor at home.

# The Benefits of Music

by. **Conner Lafromboise**

Research shows that listening to music can really help your brain. “Listening to classical music enhanced cognition and memory skills by actively exercising the neural networks in the brain.”, says scientist Carina Lee after conducting an experiment involving music and the human brain. A different study took place two years ago using ten 3-year-olds which tested their speed for putting together a puzzle both before, and after taking music lessons weekly for 6 months. The data from the study showed that each and every 3-year-old showed a great increase in speed. Another experiment took place about 10 years ago in California which proved that “music actually trains the brain for higher forms of thinking.” Many other studies testing this same theory have been documented around the world. All of my research points to music being helpful to the human brain, and I definitely agree with what the scientists have found. In my non-scientific experience, I have found that music is good for many things. Listening to music helps me study, puts me in a good mood, and makes me energetic. Overall, listening to music is just a really great thing.

## ***Music: Really good songs to listen to!***

“Riding with Private Malone” by David Bell

“Upside Down” by Jack Johnson

“All the Small Things” by Blink 182

“First Date” by Blink 182

“What's My Age Again?” by Blink 182

“I'm Just a Kid” by Simple Plan

“Long Black Train” by Josh Turner

“How Bizarre” by OMC

“Mr. Custer” by Larry Verne

“When I'm Gone” by Simple Plan

“Tarzan & Jane” by Toybox

“Mambo No. 5” by Lou Bega

“Fat Lip” by Sum 41

“Run Around” by The Blues Travelers

“Letters From Home” by John Micheal Montgomery

**Congratulations to musicians Sam Amber, Caleb Oldham, and Charley Mao for putting together an incredible farewell concert that they performed last night. You rocked!**